

ACCESSIBLE SCOTTSDALE +NORTH PHOENIX

Now that you have wheels, here are some of the best places to enjoy them:

INDIAN BEND WASH GREENBELT

www.ScottsdaleAZ.gov/parks/greenbelt

The Scottsdale Greenbelt is a two lane paved trail that spans **11 miles** through a series of parks, golf courses and neighborhoods that avoid major traffic crossings. To access, park at one of the following trail-heads:

- » Mountain View Park (8625 E. Mountain View Rd.)
- » Rotary Park (7960 E. Doubletree Ranch Rd.)
- » McCormick-Stillman Railroad Park (7301 E. Indian Bend Rd.)
- » Chaparral Park (5401 N. Hayden Rd.)
- » Indian School Park (7950 E. Indian School Rd.)
- » Osborn Park (7775 E. Osborn Rd.)
- » Eldorado Park (2311 N. Miller Rd.)
- » Vista Del Camino Park (7700 E. Roosevelt St.)

1 VIA LINDA SENIOR CENTER

10440 E. Via Linda

2 GRANITE REEF SENIOR CENTER

1700 N. Granite Reef Rd.

3 PHOENIX DEER VALLEY SENIOR CENTER

2001 W. Wahalla Ln.

4 PHOENIX PARADISE VALLEY SENIOR CENTER

17402 N. 40th St.

5 SHADOW MOUNTAIN SENIOR CENTER

3546 E. Sweetwater Ave.

6 ARABIAN LIBRARY

10215 E. McDowell Mountain Ranch Rd.

7 MUSTANG LIBRARY

10101 N. 90th St.

8 CIVIC CENTER LIBRARY

3839 N. Drinkwater Blvd.

9 JUNIPER LIBRARY

1825 W. Union Hills Dr.

10 DESERT BROOM LIBRARY

29710 N. Cave Creek Rd.

11 ACACIA LIBRARY

750 E. Townley Ave.

12 DESERT FOOTHILLS LIBRARY

38443 N. School House Rd.

13 PARADISE VALLEY PARK

17642 N. 40th St.

14 CAREFREE DESERT GARDENS

101 Easy St.

15 DOVE VALLEY PARK

4740 E. Rancho Paloma Dr.

16 DESERT WILLOW PARK

4040 E. Desert Willow Pkwy W.

17 COYOTE BASIN PARK

2730 E. Beardsley Rd.

18 PALOMINO PARK

15815 N. 30th St.

19 CASHMAN PARK

22222 N. 44th St.

20 BUFFALO RIDGE PARK

19250 N. 16th St.

Come back and see us anytime...

MOBILITY PLUS NORTH SCOTTSDALE

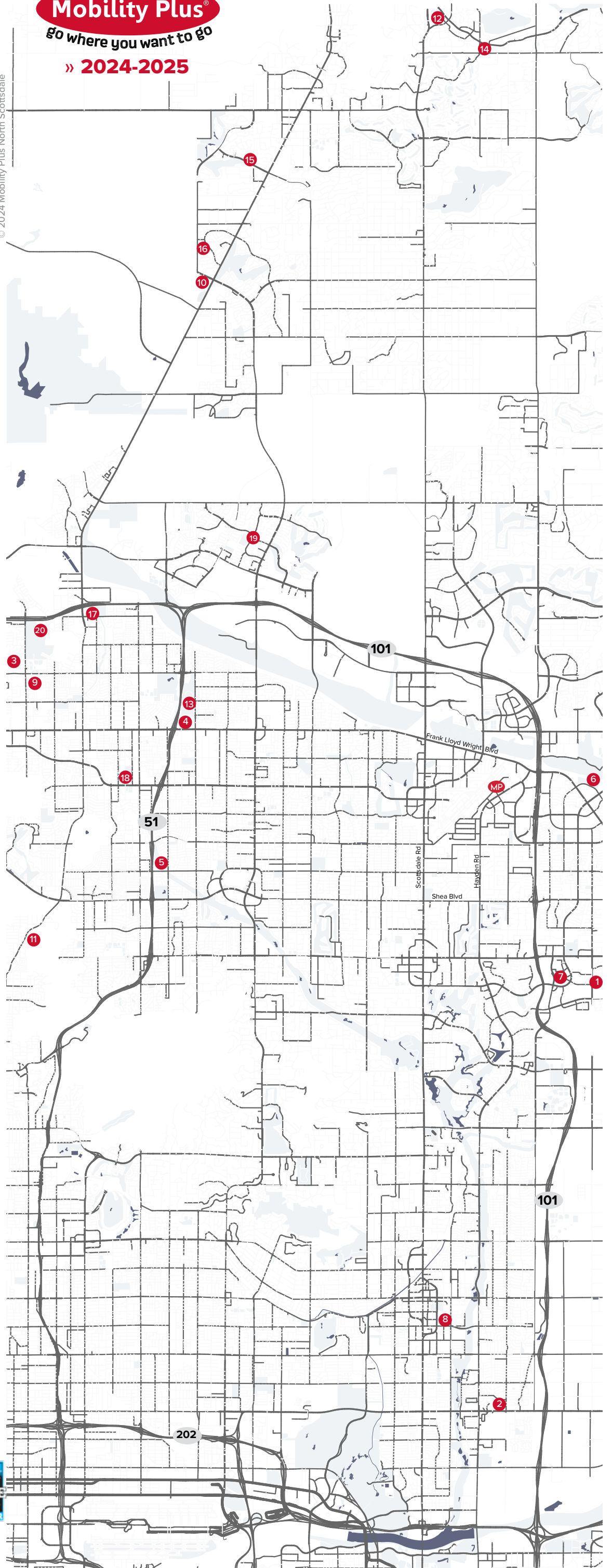
15525 N. 83rd Way, Suite B1, Scottsdale, AZ 85260

p: 480.687.4043 | w: MobilityPlus.com/NorthScottsdale



Mobility Plus
Go where you want to go
» 2024-2025

© 2024 Mobility Plus North Scottsdale



ACCESSIBLE SCOTTSDALE+NORTH PHOENIX

The following are some of our friends and resources in our community:

PURPOSEFULLY HOME «

DEVON & EMILY, PT, DPT, Cert DN, DHSc, MSOTR/L, ECHM
p: 480.428.4766 | w: PurposefullyHome.com

Purposefully Home is a clinician-owned company that provides comprehensive solutions for seniors who want to age safely at home. Our services include hospital-to-home transition training for patients, families and caregivers, in-home consultations assessing environment & physical function, & recommendations/training for medical equipment.

WELCOME HOME HOUSE CALLS / JENN NUARA, FPN-C «

10245 E Via Linda #104, Scottsdale, 85258
p: 480.568.4599 | w: WelcomeHomeHC.com

Welcome Home House Calls provides home-based medical care for patients with mobility issues until they are able to return to the care of their personal primary care provider. We work with mobile nurses, therapists, labs, radiology, ultrasounds, EKGs, pharmacies and more.

NAVI CONCIERGE NURSES «

p: 480.482.1891 | w: NaviNurses.com

A trusted nurse by your side for a hand-tailored healthcare experience. Contact us & we'll match you with a nurse, when & where is best for you.

ACTI-KARE / RICKY KELLER «

p: 480.863.1851 | w: ActiKare.com/scottsdale

Acti-Kare Responsive In-Home Care is committed and dedicated to providing excellent customer service, exceptional care, and professional, dependable, & skilled caregivers. We are available 24/7 to serve all your non-medical, in-home care needs. When you can't be with your loved one... we can!

CARING ON DEMAND / KEN REINSTEIN «

p: 480.510.9762 | w: CaringOnDemand.com

CaringOnDemand (COD) provides services to individuals as needed. Instead of scheduling regular appointments or continuous care with typical industry minimums, COD allows clients to request care on their terms, offering flexibility and convenience. Imagine home care services tailored to the client's needs, not the agency's. The providers we partner with are all employed caregivers, fully certified, and regularly background checked.

SAGEWOOD «

4555 East Mayo Boulevard, Phoenix, AZ 85050
p: 480.384.5813 | w: SagewoodLCS.com

Sagewood is a continuing care retirement community. We have independent living accommodations, skilled nursing, assisted living and memory care.

WESTMINSTER VILLAGE «

12000 N 90th St., Scottsdale, AZ 85260
p: 480.451.2000 | w: WVResortLiving.org

Voted Best of the Valley 2023 by Phoenix Magazine, as Scottsdale's only 501(c)(3) non-profit continuum care retirement community, Westminster Village provides a secure and uplifting independent living environment for seniors.

SUPERIOR SENIOR SERVICES / NATALIE BYRNE «

Senior Placement Advocate

p: 602.550.3978 | w: SuperiorSeniorServices.com

Superior Senior Services is valley wide and has over 20yrs of experience. As a Senior Placement Advocate Natalie finds a community or home that will provide the best care, security and comfort for your loved ones. She takes great pride in being the advocate for seniors.

REAVANTI / MARIANNE GARITI «

p: 480.742.1010 | w: Reavanti.com

Reavanti is a Certified Senior Relocation Specialist. Since 2014, we've help families with downsizing, sorting, packing, unpacking, floor layout, selling and donating items, hauling, clean outs and deep cleaning.

SCANMEHOME / JUSTIN BEHNKE «

p: 602.316.2190 | w: ScanMeHome.com

ScanMeHome is a safety system using iron-on QR codes that can be attached to clothing or other personal items and addresses the unique challenges faced by non-verbal individuals, particularly those with autism or dementia. With a simple scan, caregivers can be notified immediately, providing real-time location updates and the peace of mind that help is just one scan away.

NORTH & CO. / LORI NOONAN «

p: 602.402.5695 | w: LoriNoonan.com

Lori Noonan is a residential real estate agent with North & Co licensed since 2006 who provides listing and purchase services throughout the Valley. She achieves results through a winning combination of confidence, honesty, thoroughness, trustworthiness, and positivity.

SHIELDS REGAL REALTY / DEBBIE SHIELDS «

p: 480.585.6420 | w: ShieldsRegalRealty.com

With over 37 years of full real estate service, Debbie Shields can help you find the right place to call home.

» ARIZONA CAREGIVER COALITION

p: 888.737.7494 | w: AZCaregiver.org

» DEMENTIA CARE AND EDUCATION CAMPUS (HOV)

p: 602.767.8300 | w: DementiaCampus.org

» ALZHEIMER'S ASSOCIATION - DESERT SOUTHWEST

p: 800.272.3900 | w: alz.org/dsw

» ALS ASSOCIATION - ARIZONA CHAPTER

p: 602.297.3800 | w: ALS.org/arizona

» NATIONAL MS SOCIETY - ARIZONA-NEW MEXICO

p: 800.344.4867 | w: NationalMSSociety.org/Chapters/AZA

» ARIZONA PARKINSON DISEASE ASSOCIATION

p: 928.200.1192 | w: APDAParkinson.org/community/arizona

» ARIZONA FALLS PREVENTION COALITION

w: azstopfalls.org

» PHX SKY HARBOR AIRPORT - THE COMPASSION CORNER

w: skyharbor.com/at-the-airport/services/compassion-corner

See Compassion Cacti™

» CRUISE ONE DREAM VACATIONS / ADDIE EDWARDS

p: 480.473.1441 | w: CruiseOne.com/aedwards

Want to take a trip that is accessible? Addie Edwards is an award winning Certified Meeting Professional who can help.

» A&A AUDIOLOGY

p: 480.770.5444 | w: AAaudiology.com

A&A Audiology is dedicated to providing the gold standard of care in audiology to our patients. We pursue this mission by applying the latest and proven diagnostic, treatment, and rehabilitation strategies in hearing and balance healthcare. A&A Audiology is committed to our community through public and private educational seminars, consultations, and hearing and balance screenings. Located in both Scottsdale and Mesa.

» THE WHOLE FAMILY COACHING / SHARON REA

14545 N. Frank Lloyd Wright Blvd., Scottsdale, 85260

p: 480.420.9551 | w: TheWholeFamilyCoaching.com

We educate, support and help you enhance your mental, emotional and relationship health, so you can fully experience the joys of life. Private coaching with No Judgment. Just Love.® in person, phone or on Zoom for individuals or multiple family members. Because, no matter where you are in life, things can always get better!

» AZ 48 NOTARY SERVICES, LLC / AMITA SALL

p: 206.940.3192 | w: az48notaryservices.com

AZ48 Notary Services specializes in mobile notary solutions, bringing the notary public directly to clients' doorstep for hassle-free document notarization, saving them time and effort and providing convenience.

» DEFUSCO LAW / ANDREW & BRYN DEFUSCO

6945 E. Sahuaro Drive, Suite 125, Scottsdale, AZ 85254

p: 480.970.3000 | w: DefuscoLaw.com

DeFusco Law represents victims who have suffered serious injuries and families who have lost a loved one because of the negligence of others. Being a low volume law firm that does not advertise allows them to deliver highly personalized legal representation to their clients in their time of need.

» PHOENIX MOUNTAIN ANIMAL HOSPITAL / JASON KANARISH

10685 N. 69th St., Scottsdale, AZ 85254

p: 602.595.6116 | w: PhoenixMountainAH.com

Phoenix Mountain Animal Hospital appreciates the importance of the bond you share with your pet and are committed to providing the finest veterinary care and ensuring a healthy quality of life throughout all of your pet's life stages.

» F&M SERVICES

p: 480.580.7831 | w: FandMVentCleaning.com

Clean the air ducts that are part of your a/c system and also the dryer vents that go up to the roof or the side of the house.

» QUALITY TRANSPORT SERVICES OF ARIZONA

p: 602.371.1000 | w: QTSaz.com | e: Rides@QTSaz.com

Quality Transport Services of Arizona is one of the longest continuously operating Assisted Transport companies in Arizona. QTS provides affordable, reliable, and safe assisted transportation with comfortable vehicles, friendly trained drivers, exceptional customer service, and advanced scheduling software.